



BIG SANDY MEDICAL CENTER  
NOW INTRODUCING

# PATIENT DIRECTED TESTING

Outpatient labs without a  
Doctor's Order

**CONTACT LAB**  
**406.378.3912**

No appointment necessary

Discounted prices

Pay at the time of service

Stay in control of your  
health and wellness



# Available Tests

## **Complete Blood Count: \$25**

A test to evaluate overall health and detect a wide range of disorders.

## **Comprehensive Metabolic Panel: \$45**

Screens a wide variety of systems including kidney and liver function, blood sugar, and protein levels.

## **Lipid Panel: \$50**

This profile includes total cholesterol, HDL, LDL, and triglycerides. An 8 to 12-hour fast is required for this panel.

## **Vitamin D: \$85**

Adequate Vitamin D levels play an integral role in bone health and decreasing the risks for colorectal cancer, breast cancer, and autoimmune disease.

## **Prostate Specific Antigen (PSA): \$50**

A screening test for early detection of prostate cancer. This test should be performed in conjunction with a clinical evaluation by your physician.

## **Hemoglobin A1C: \$30**

Results are used to assess how well your body controls blood sugar over 3 months time. This is helpful for diabetic management or diagnosis.

## **Glucose Fasting: \$15**

A fasting blood sugar level to screen for diabetes. An 8 to 12-hour fast is required.

## **Cholesterol: \$25**

High cholesterol is a risk factor for coronary heart disease and stroke.

## **Magnesium: \$25**

Magnesium supports the circulatory system and maintain bone strength.

## **Covid-19 PCR: \$75**

The PCR test is the "gold standard" test for diagnosing COVID-19 or SARS-CoV-2. It is more accurate than a home test

## **Thyroid Stimulating Hormone (TSH): \$40**

Evaluate thyroid function and check for thyroid disease.

## **Free T4: \$45**

This hormone plays a role in several of your body's functions, including growth and metabolism.

## **Free T3: \$50**

This hormone plays a role in several of your body's functions, including growth and metabolism.

## **Vitamin B12: \$40**

Adequate Vitamin B12 levels play an integral role in brain health, blood cell production, and proper nerve functioning. Decreased levels indicate a risk for anemia.

## **Folic Acid: \$55**

Folic acid is essential for the production of healthy red blood cells. These cells deliver oxygen to the entire body.

## **Serum Iron: \$25**

This test helps identify conditions that are caused by a lack of iron in the blood, such as anemia.

## **Iron Binding Capacity: \$30**

This test will see if you have too much or too little iron in your blood.

## **Serum Ferritin Blood: \$45**

Ferritin is a protein that stores iron inside your cells.

## **Urine Drug Testing: \$45**

This test can screen for 13 routine drugs of abuse including Marijuana, Meth, Amphetamines, Cocaine, and Oxycodone.

## **Urinalysis: \$35**

Screens kidney function as well as overall general health based on the waste contained in a person's urine.



# 5 Steps to Results

- 1. Decide which tests you'd like from the list above**
- 2. Come to the Lab at BSMC and fill out paperwork**
- 3. Have your blood drawn**
- 4. Pay for your tests and receive a receipt**
- 5. Receive your results in the mail in 2-4 days or on your patient portal in 24 hours. You may also request your results be sent to your Primary Care Provider**

# FAQ

## **Is this legal?**

Yes! Our lab is regulated by CLIA, allowing them to safely complete patient-directed testing

## **How do I get the discounts?**

We are cutting out the middleman. You choose your tests, pay a flat rate per test up front, and save money! This is not billed to your insurance and there is no physician's office visit to pay for.

## **What if I don't have insurance?**

No problem! Patient-directed testing is not billed to insurance. You pay a flat rate up front at a discounted rate.

Patient-directed testing is not billed to your insurance.

## **What if I have insurance?**

You must have a physician's order to bill your insurance company. However, you are provided with the appropriate documentation to apply the cost to your deductible.

## **What are the most common annual labs?**

CMP, CBC, Lipid Panel, Hgb A1c, Vitamin D, PSA (for men over 50)